



# Adult Fitness Classes

March Schedule:

**All classes run 6:00-6:45am**

Thursday, Mar 5th  
Tuesday, Mar 10th  
Thursday, Mar 12th  
Tuesday, Mar 17th  
Thursday, Mar 19th

In the PreCam Community School Gym

Bring non-marking, inside shoes and a water bottle.

All fitness levels welcome!

Thank you to the Saskatchewan  
Community Initiatives Fund for  
contributing to these classes.



'La Ronge Fitness' on Facebook

For more information, contact Audrey Boyer at 425-0803  
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