

Pre-Cam Extracurricular Registration Form – Winter

Student's Name: _____ Grade: _____ Teacher/Rm #: _____

Parent/Guardian Name: _____ Contact #: _____

Emergency Contact: _____ Contact #: _____

(cell/home)

(work)

Activity Registration: (DEADLINE TO REGISTER: Friday, Dec. 14, 2018)

<u>Activity</u>	<u>Grades</u>	<u>Day(s)</u>	<u>Time</u>	<u>Commitment</u>
___ Yoga	Gr. 1	Tuesdays	12:25-12:50	Jan. 7 - Mar. 4
___ Hula Hooping	Gr. 1	Mondays	12:25-12:50	Jan. 13 - Apr. 6
___ Spring Choir	Gr. 1-6	Wednesdays	12:25-12:50	Feb. 5 - Apr. 8
___ Yoga	Gr. 2	Fridays	12:25-12:50	Jan. 10-Mar. 6
___ Square Dancing	Gr. 2	Mondays & Wednesdays	12:25-12:50	Nov. 20 - Apr. 29
___ Hula Hooping	Gr. 2-3	Thursdays	12:25-12:50	Jan. 9 - Apr. 9
___ Skiing	Gr. 3-6	Tuesdays 3:35-4:30 & Thursdays	12:25-12:50	Jan. 9 - Mar. 20
___ Chess Club	Gr. 4-6	Mondays & Wednesdays	3:35-4:30	Jan. 8 - Mar. 11
___ Curling	Gr. 4-6	Mondays & Wednesdays	3:35-4:45	Jan. 8 - Mar. 6
___ Ukulele	Gr. 4-6	Thursdays	3:35-4:30	Jan. 9 - Apr. 2
___ Student Leadership	Gr. 4-6	Mondays	12:25-12:50	Jan. 6 - Apr. 6
___ STEAM Club	Gr. 4-6	Thursdays	3:35-4:30	Nov. 21 - Dec. 19
___ Book Fair Club	Gr. 4-6	Wednesdays	12:25-12:50	Jan. 8 - Mar. 20
___ Floor Hockey	Gr. 5-6	Wednesdays	12:25-12:50	Jan. 8 - Feb. 26
___ Beading	Gr. 5-6	Mondays & Wednesdays	3:35-4:30	Jan. 13 - Mar. 11
___ Cheerleading	Gr. 5-6	Wednesdays	3:35-4:30	Nov. 20 - May 27
___ Diamond Painting	Gr. 5-6	Tuesdays & Thursdays	3:35-4:30	Jan. 7 - Apr. 7
___ Basketball	Gr. 5-6	Tuesdays & Thursdays	3:35-4:30	Jan. 14 - Mar. 12

TRANSPORTATION:(Please fill out to help us know your **child's transportation** need for **after school**)

I give permission for my child to ___ walk/bike (home ___, day care ___, other _____)
 ___ picked up (us ___, other _____)

Please note: It is the parents' responsibility to pick up your child on time after activity is done OR to contact the school in advance if other transportation arrangements are made.

ACTIVITY COMMUNICATION WITH PARENTS/GUARDIANS: To help us communicate activity cancellations and other important activity information, please list your name and email address below.

Parent/Guardian Name: _____ Email: _____

VOLUNTEERS: The extracurricular program relies solely on staff, parent or community volunteers to help run extracurricular programs for our students. Your help will help our leaders/coaches with these activities.

I, _____, would like to help out with _____ club.

NLSD #113-Parental Informed Consent Agreement(for participants under 18 years of age)FORM 260-2

We, the undersigned, hereby acknowledge that we have been provided with the description of the activity (**on back side**) and we wish our child to participate in the registered activity. This activity could have some type of injuries, minor or serious, that may result from one's actions, or the actions and interactions of others. (ex. muscle injuries, back & spinal injuries, head injuries)

We understand that the Rules and Regulations for the sport and activities as outlined by the Board of Education are designed for the safety and protection of participants, and hereby undertake to have our child abide by these rules and regulations.

We understand that certain activities require minimum level of fitness and health (physical, mental and/or emotional) and that each person has a different capacity for participation in these activities. We also hereby warrant that any known medication needs of our child will be clearly indicated in writing on this form.

We agree that Northern Lights School Division #113 or its employees, servants or agents shall not be liable for any injury to our child or loss or damage to any personal property arising from, or in any way resulting from participation in these activities, unless such injury, loss, or damage is caused by the sole negligence of the School Division or its employees, servants or agents while acting within the scope of their duties.

We declare having read and understood the above Parental Informed Consent Agreement in its entirety and hereby consent to participate acknowledging the foregoing.

Medical needs (if any): _____

Signature of Parent/Guardian

Date

ACTIVITY DESCRIPTION & EXPECTATIONS ARE ON BACK SIDE!

Extracurricular Activity Information

Activity

Spring Choir

Students will be learning songs that they can perform at the La Ronge Music Festival that is held in the late winter or early spring. More information will come out later regarding Music Festival.

Yoga (Gr. 1 & 2)

Come enjoy some fun yoga stretching exercises with Mme. Anderson during your lunch break. Explore fun poses and get ready to find your roar! Limit of 15.

Square Dancing

Students will be taught square dancing steps and will work on a full routine to perform whenever it arises, especially at the school's cultural day. Students will be sized for outfits, provided by the school. They will be worn for any performances.

Hula Hooping

We will develop the foundations of hula hooping on and off body moves including the waist, hips, arms and hands. As our skills grow, we will learn new tricks. Hooping is a great low impact exercise with our focus on FUN!!! Limit of 20.

Floor Hockey

Students in floor hockey will be put onto teams by the leaders and will play games against each other. Students are required to wear safety glasses, shoes and comfortable clothing. All equipment will be provided, please no sticks from home.

Diamond Painting

Diamond painting is an easy and enjoyable activity for crafters young and old. Based on the same concept as mosaics, paint-by-numbers and cross stitching, diamond painting uses tiny "diamond"-like facets to create colorful designs and patterns for finished designs that sparkle. There is a limit of 20 students for this activity.

Skiing

Skiers will learn and develop their skills in classic skiing. We will be using our time to help prepare our skiers for the School Ski Championships held in March. Warm clothing (including toques, gloves, snow pants & jacket) is required to participate. All equipment is supplied, but skiers can bring their own skis and boots (school is not responsible for broken or lost equipment). We will also be planning some scheduled ski trips to Don Allen or Nut Point to help prepare for races.

Chess club

Student will be learn the basic moves and strategy of chess while playing games amongst each other. In order for chess club to be worthwhile for students, we need a minimum of 8 students. We plan to hold a chess tourney at the end.

STEAM Club

Students will be working in pairs to complete one STEAM (Science, Tech, Engineering, Art & Math) challenge per week using supplies that are given. If your child is interested in math and science this club may be for them. No experience required.

Cheerleading

Cheerleading is a great sport for developing skills of athleticism, teamwork and responsibility. We will focus on building the fundamentals of cheerleading in a safe and fun environment. It is required that students participating dress in comfortable clothing and have indoor athletic shoes. To ensure the safety of all participating members, we have to limit the group size to 30 students.

Ukulele

Students will be learning to play songs on the ukulele to possibly perform at the school later in the year. No experience necessary. Students can bring their own ukulele. (school is not responsible for broken or lost equipment). Limit of 10.

Curling

Curlers will learn the basic skills and etiquette of curling and play games amongst themselves. We will walk over to the Mel Hegland Arena for practices. Curlers are required to bring inside shoes. All other equipment is provided, but curlers can bring their own equipment (school is not responsible for lost or broken equipment). We will be having a bonspiel in March.

Beading

Beaders will learn how to bead various simple projects using beads, needles and felt. No experience necessary. All activity supplies and equipment is supplied. There is a limit of 10 students that can participate.

Student Leadership Team (SLT)

Students will learn about being a leader. They will gather to learn the principles of leadership and put those principles in action by serving the needs of our students through planning various events and activities. We will be planning a leadership retreat in early January to help build up our student leadership team. Parents will be notified when it happens.

Book Fair Club

In Book Fair club, students will help with setting up book fair, and book fair related events. Students will be required to fill out a student contract. There is a limit of 10 students in this club.

Basketball

Students playing basketball will learn the basic skills as well as learn how to play offence and defense. Students should wear shorts/sweats and good indoor shoes. We are in a La Ronge interschool league other elementary schools and these games are scheduled on Thursdays throughout the season. If we participate in any tourneys parents will be notified.

Leader(s)

Ms. Schindelka/Miss. Rose

Mme. Anderson

Mrs. Natomagan

Mrs. Plante

Mme. Borthwick/Mr. Herperger

Ms. Beaudin/Mrs. Simpson

Mr. Stange/Mrs. Everest

Mr. Richards

Ms. Laliberte

Mrs. Beaven

Mme. Robinson

Mr. Herperger

Mme. Spence

Mr. Herperger/Mrs. Beaudin

Mrs. Beaudin

Ms. Maurer/Mr. Kuppenbender

Pre-Cam Extracurricular Expectations

Academic achievement is the #1 school priority!

Academics 1st – Students are expected to keep up and do their best in their school work.

Behaviour (4 B's) – Students are expected to BE responsible, BE respectful, BE safe and BE kind when participating in extracurricular activities. Students are also expected to follow the directions and expectations of the coach or leader. Contact will be made home if a behavior is repeated.

Fair Play – Students are expected to give their best effort, demonstrate good sportsmanship and teamwork.

Attendance – Attendance is important. Students are expected to be committed to their activity by attending regularly. If they miss time, they may risk their spot or have less playing time than students who attend regularly.