

# Pre-Cam Extracurricular Registration Form - Fall

Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher/Rm #: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Contact #: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Contact #: \_\_\_\_\_  
(cell/home) (work)

## Fall Activities:

Activity	Grades	Day(s)	Time	Commitment
___ Hula Hooping	Gr. 1-3	Mon(Gr. 2)/Wed(Gr. 3)/Fri(Gr. 1)	12:25-12:50	Oct. 22 - Dec. 5
___ Christmas Choir	Gr. 1-6	Wednesdays	12:25-12:50	Sept. 25--Dec. 15
___ Cheerleading	Gr. 2-3	Mondays	12:25-12:50	Oct. 21 - March
___ Cross Country Run	Gr. 2-6	Mon/Wed/Fri	12:25-12:50	Sept. 9-Sept. 19
___ Diamond Painting	Gr. 3-4	Mon & Wed	3:35-4:30	Oct. 23-Dec. 18
___ Square Dancing	Gr. 3-6	Tuesdays	3:35-4:30	Sept. 24 - Nov. 15
___ Book Fair Club	Gr. 4-6	Wednesdays	12:25-12:50	Sept. 18-Nov. 28
___ Student Leadership	Gr. 4-6	Mondays	12:25-12:50	Sept. 9-Dec. 16
___ Volleyball	Gr. 5	Tues & Thurs	12:25-12:50	Sept. 17 - Nov. 7
___ Yearbook	Gr. 5-6	Tues & Thurs	12:25-12:50	Sept. 5 - June
___ Hoop Dancing	Gr. 5-6	Tues & Thurs	12:25-12:50	Sept. 17 - May
___ Volleyball	Gr. 6	Tues & Thurs	3:35-4:30	Sept. 17-Nov. 7
___ Babysitting Course	Gr. 6	Wednesdays	3:35-5:00	Sept. 25-Nov. 20
___ Archery	Gr. 6	Tues & Thurs	3:35-4:30	Sept. 12-Oct. 3

**DEADLINE TO REGISTER: Friday, September 13, 2019**

**TRANSPORTATION: (Please fill out to help us know your child's transportation need for after school activities ONLY)**

I give permission for my child to \_\_\_ walk/bike (home \_\_\_, day care \_\_\_, other \_\_\_\_\_)  
 \_\_\_ picked up (us \_\_\_, other \_\_\_\_\_)

*Please note: It is the parents' responsibility to pick up your child on time after activity is done OR to contact the school in advance if other transportation arrangements are made.*

**ACTIVITY COMMUNICATION WITH PARENTS/GUARDIANS:** To help us communicate activity cancellations and other important activity information, please list your name and email address below.

Parent/Guardian Name: \_\_\_\_\_ Email: \_\_\_\_\_

**VOLUNTEERS:** (The extracurricular program relies solely on staff, parent or community volunteers to help run after school programs for our students. Your help will help our leaders/coaches with these activities)

I, \_\_\_\_\_, would like to help out with \_\_\_\_\_ club after school.

**NLSD #113 - Parental Informed Consent Agreement (for participants under 18 years of age) Form260-2**

We, the undersigned, hereby acknowledge that we have been provided with the description of the activity (**on back side**) and we wish our child to participate in the registered activity. This activity could have some type of injuries, minor or serious, that may result from one's actions, or the actions and interactions of others.

We understand that the Rules and Regulations for the sport and activities as outlined by the Board of Education are designed for the safety and protection of participants, and hereby undertake to have our child abide by these rules and regulations.

We understand that certain activities require minimum level of fitness and health (physical, mental and/or emotional) and that each person has a different capacity for participation in these activities. We also hereby warrant that any known medication needs of our child will be clearly indicated in writing on this form.

We agree that Northern Lights School Division #113 or its employees, servants or agents shall not be liable for any injury to our child or loss or damage to any personal property arising from, or in any way resulting from participation in these activities, unless such injury, loss, or damage is caused by the sole negligence of the School Division or its employees, servants or agents while acting within the scope of their duties.

**We declare having read and understood the above Parental Informed Consent Agreement in its entirety and hereby consent to participate acknowledging the foregoing.**

Medical needs (if any): \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

# Extracurricular Activity Information

<u>Activity</u>	<u>Leader(s)</u>	<u>Days</u>	<u>Time</u>
<b>Cross Country Run (Gr. 2-6)</b> Cross Country Run happens on Monday, Wednesday and Friday at lunch hour in the school yard and in the community. Students should have gym shorts/sweats, t-shirt and good running shoes. We will be taking students to a meet on Thursday, September 19 at Weyakwin for the day.	<b>Mrs. Borthwick</b>	<b>Mon/Wed/Fri</b>	<b>12:25-12:50pm</b>
<b>Yearbook (Gr. 5-6)</b> Students will be working with Mrs. Beaudin to document events and activities that happen at Pre-Cam School. Students will help with taking pictures, designing yearbook layout, and helping sell of yearbooks.	<b>Mrs. Beaudin</b>	<b>Tues &amp; Thurs</b>	<b>12:25-12:50pm</b>
<b>Book Fair club (Gr. 4-6)</b> In Book Fair club students will help with setting up book fair, and book fair related events. Students will be required to fill out a student contract. There is a limit of 10 students in this club.	<b>Mrs. Beaudin</b>	<b>Wednesdays</b>	<b>12:25-12:50pm</b>
<b>Christmas Choir(Gr. 1-6)</b> Our school choir is open to students grades 1-6. Each Wednesday at noon hour, we will meet in the Arts Room and sing fun songs and learn new vocal techniques. We will be preparing pieces for our Remembrance Day assembly and Christmas concerts. Additional practices may be required, when getting ready to perform songs.	<b>Mrs. Hallett</b>	<b>Wednesdays</b>	<b>12:25-12:50pm</b>
<b>Student Leadership (Gr. 4-6)</b> The student leadership team gathers to plan school events for the whole student body such as spirit days, staff vs. student games, Terry Fox, Heart & Stroke, recess games & activities and other opportunities that present themselves. There is a student leadership retreat planned for Thursday, September 13 throughout the day @ JRMCC. A note will go home next week with more details.	<b>Mr. Herperger/Mrs. Beaudin</b>	<b>Mondays</b>	<b>12:25-12:50pm</b>
<b>Hula Hooping (Gr. 1-3)</b> We will develop the foundations of hula hooping on and off body moves including the waist, hips, arms and hands. As our skills grow, we will learn new tricks. Hooping is a great low impact exercise with our focus on FUN!!	<b>Mrs. Plante</b>	<b>Mon(Gr. 2)/Wed(Gr. 3)/Fri(Gr. 1)</b>	<b>12:25-12:50pm</b>
<b>Cheerleading (Gr. 2-3)</b> This year, Pre-Cam is excited to offer cheerleading for grades 2-3 students. Cheerleading is a great sport for developing skills of athleticism, teamwork, and responsibility. We will focus on building the fundamentals of cheerleading in a safe and fun environment. It is required that students participating dress in comfortable clothing and have indoor athletic shoes. To ensure the safety of all participating members, we have to limit the group size to a maximum of 30 students.	<b>Mrs. Beaven</b>	<b>Mondays</b>	<b>12:25-12:50pm</b>
<b>Hoop Dancing (Gr. 5-6)</b> In this club students will learn traditional hoop dancing to music. If opportunities arise this club may be invited to perform at school and community events throughout the year.	<b>Mr. Watchel</b>	<b>Tues &amp; Thurs</b>	<b>12:25-12:50pm</b>
<b>Volleyball (Gr. 5)</b> In volleyball we will focus on skill development, sportsmanship and fun. They will learn to play tribleball in game situations and are in a La Ronge interschool league with SMVS and GDCS. Games are scheduled on Thursdays throughout the season and a home tourney is scheduled in November. Students are expected to wear gym shorts and running shoes.	<b>Miss. Kirzinger/Miss. Maurer</b>	<b>Tues &amp; Thurs</b>	<b>12:25-12:50pm</b>
<b>Volleyball (Gr. 6)</b> In volleyball we will focus on skill development, sportsmanship and fun. They will learn to play tribleball in game situations and are in a La Ronge interschool league with SMVS and GDCS. Games are scheduled on Thursdays throughout the season and a home tourney is scheduled in November. Students are expected to wear gym shorts and running shoes.	<b>Miss. Zarazun/Mrs. Schertzing</b>	<b>Tues &amp; Thurs</b>	<b>3:35-4:30pm</b>
<b>Diamond Painting (Gr. 3-4)</b> Diamond painting is an easy and enjoyable activity for crafters young and old. Based on the same concept as mosaics, paint-by-numbers and cross stitching, diamond painting uses tiny "diamond"-like facets to create colorful designs and patterns for finished designs that sparkle.	<b>Mrs. Beaudin/Mrs. Simpson</b>	<b>Mon &amp; Wed</b>	<b>3:35-4:30pm</b>
<b>Square Dancing (Gr. 3-6)</b> Students will be taught square dancing with Flora Roberts. They will work on a full routine and be able to perform their dancing later in the school year. This club meets on Tuesdays after school.	<b>Mrs. Hallett/Mrs. Roberts</b>	<b>Tuesdays</b>	<b>3:35-4:30pm</b>
<b>Archery (Gr. 6)</b> In this activity students will learn the basic skills and the safety required in shooting a bow and arrow. The National Archery in the Schools Program is also aimed at improving educational performance among students and improve focus, self-control, discipline, patience and the life lessons required to be successful in the classroom and in life. Attendance is <u>mandatory</u> to participate. Max of 20 spots are available!	<b>Mme. Daniels</b>	<b>Tues &amp; Thurs</b>	<b>3:35-4:30pm</b>
<b>Babysitting Course (Gr. 6)</b> The Saskatchewan Safety Council's Babysitter Training Course is designed to prepare students ages 11 and up for the important job of babysitting. Once completed and students pass they will receive a babysitting certificate. This course has weekly assignments, a practical experience component and a written exam at the end of the course.	<b>Mr. Herperger</b>	<b>Wednesdays</b>	<b>3:35-5:00pm</b>

## Pre-Cam Extracurricular Expectations

Academic achievement is the #1 school priority!

**Academics 1<sup>st</sup>** – Students are expected to keep up in their school work. If not, they may be asked to finish before participating.

**The 4 B's** – Students are expected to BE responsible, BE respectful, BE safe and BE kind when participating in activities.

**Fair Play/Behavior** – Students are expected to follow the directions/expectations of the coach or leader.

**Attendance** – Students are expected to be committed and attending regularly. If students miss lots, they may risk their spot!